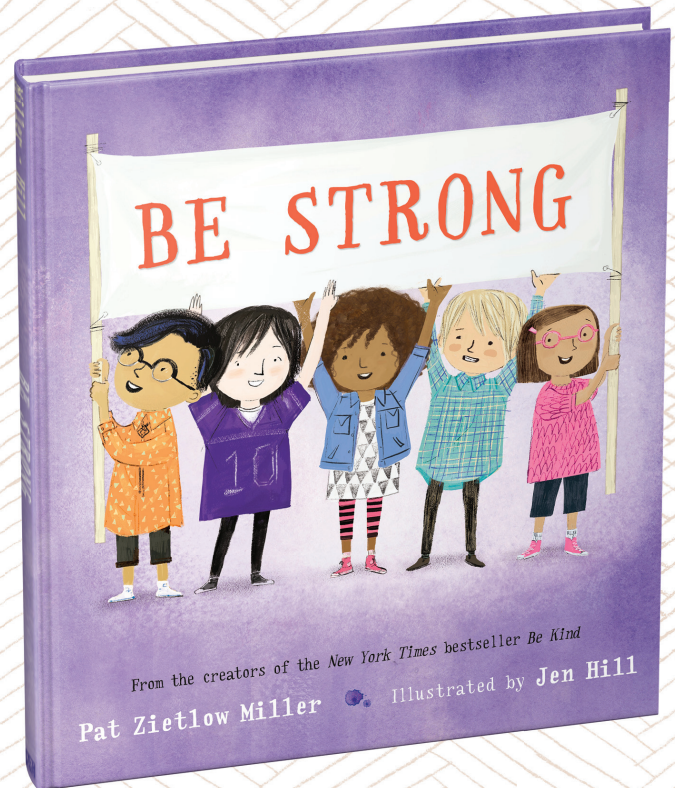


# BE KIND and BE STRONG Storytime Kit



Host a storytime for these two unforgettable and inspiring picture books from *New York Times* bestselling team **Pat Zietlow Miller** and **Jen Hill**!

## This kit includes:

- Storytime event suggestions and read-aloud tips
- Reproducible activities
- Sticker sheets for giveaways





# HOST A STORYTIME!

## Event Suggestions

- Encourage kids to dress up in clothes that make them feel strong!
- Host a food drive. Tanisha's family shows up for their neighborhood by collecting cans of food for the homeless. Encourage kids to bring one nonperishable item for their community.
- Make copies of the activities in this booklet and provide markers or crayons for kids to use.



## Read-Aloud Tips

- Ask the children which book they would like to read first! Read *Be Kind* and *Be Strong* back to back and lead a discussion about the everyday ways they can be strong and show kindness to others.
- In *Be Kind*, Tanisha's classmate wonders what it means to be kind. Talk to the storytime group about the small acts of kindness that they have done to help others and the different acts of kindness they have seen. Ask them about how those acts of kindness made them feel.
- In *Be Strong*, Tanisha's dad says being strong means showing up. Ask the storytime group about how they show up for their family, friends, and neighbors.
- When Tanisha sees that many kids look lonely at lunch, she speaks up. Talk to the storytime group about speaking up for others, and ask them about a time they used their voice to help others.



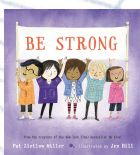
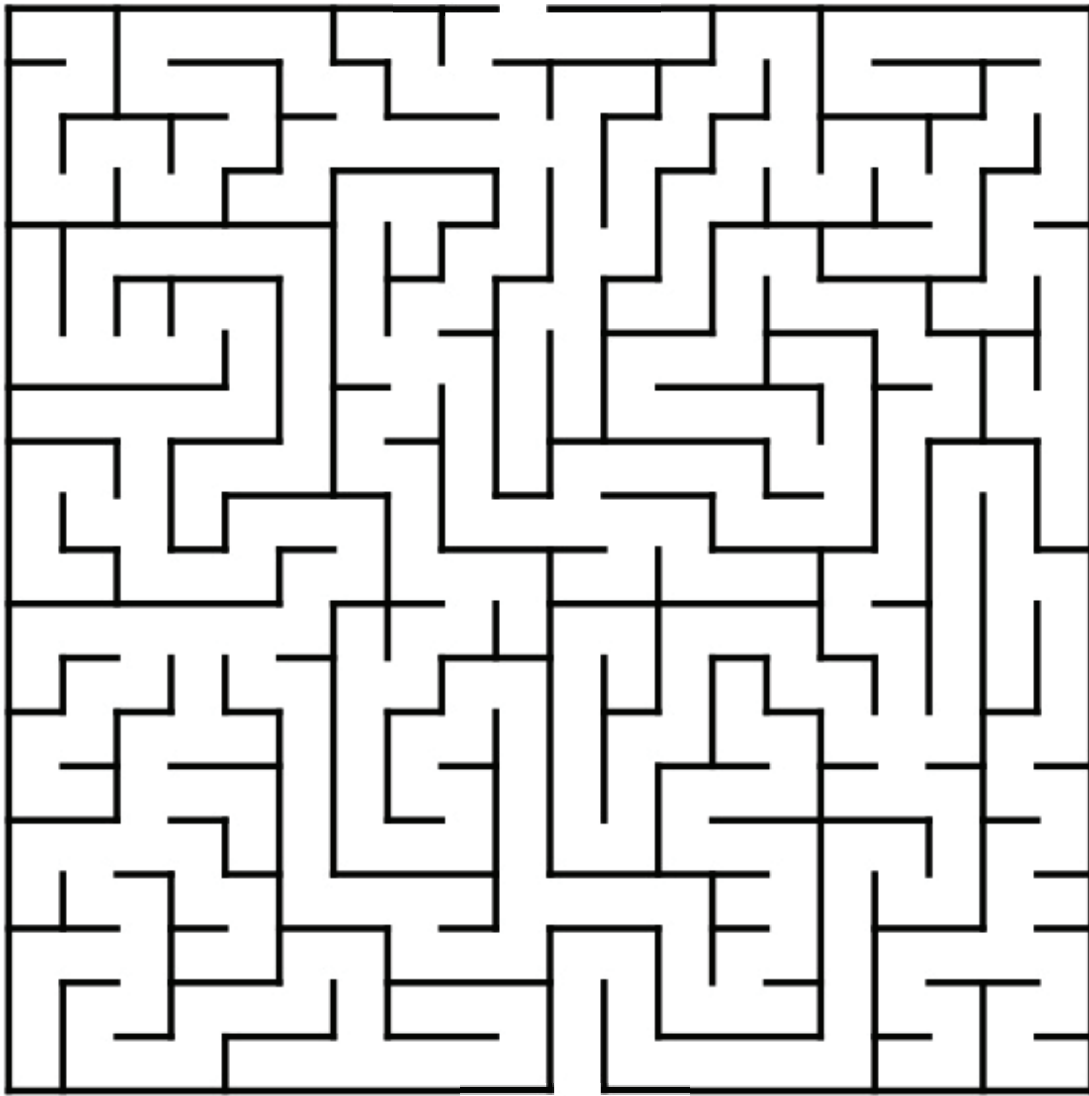
Pat Zietlow Miller, illustrated by Jen Hill

Roaring Brook Press | An imprint of Macmillan Children's Publishing Group




# REDUCE. REUSE. RECYCLE. MAZE

One way to practice being kind to the environment is by throwing away your trash in the right places.  
Help Tanisha's classmates find the right bins!



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# HOW HAVE YOU BEEN KIND?

Kindness comes in many forms! Use the list below to check off acts of kindness you can do. You can also write in your own!

- ☐ Make cookies for a neighbor
- ☐ Ask someone to sit with you at lunch
- ☐ Donate clothes to someone in need
- ☐ Help with the dishes
- ☐ Draw a picture for a friend
- ☐
- ☐
- ☐



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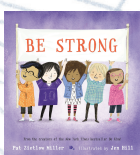


# SPOT THE DIFFERENCE

Some kids at school have set up a special lunch table so that no one has to sit alone. Can you find the differences between the picture on the top and the picture on the bottom? Hint: There are five!



1. missing chair
2. girl in red shirt facing the other way
3. sign says be a friend
4. tray of food gone from table
5. purple sweatshirt doesn't have pineapples



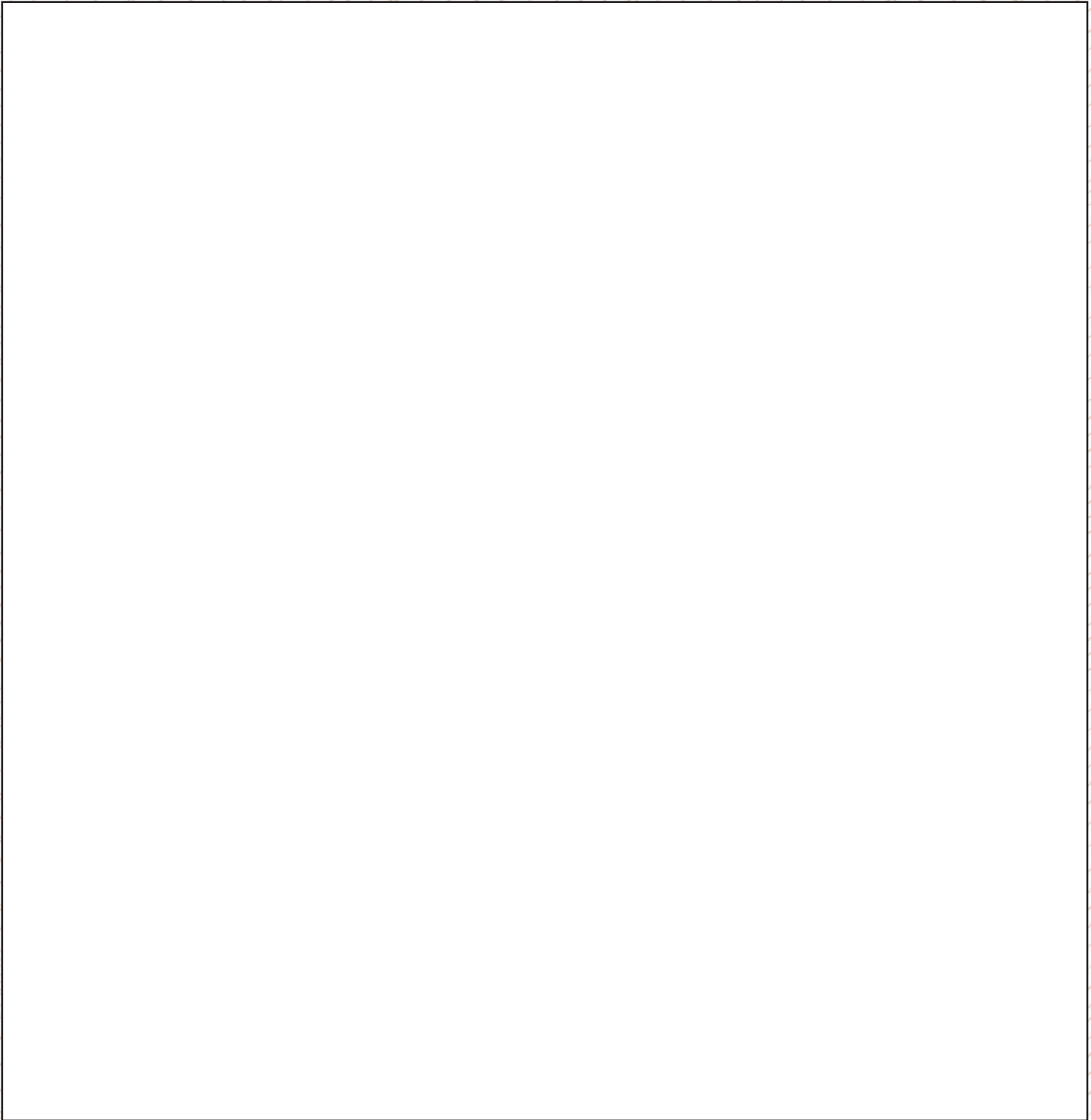
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# SHOW YOUR STRENGTH

Strength is about more than just muscles. Draw a picture showing what it means to you to be strong.



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# SAY THANK YOU

In *Be Strong*, Tanisha writes one hundred thank-you notes to strong people. Write a letter to someone in your life who is strong!

Dear \_\_\_\_\_,

Thank you for being strong!

From,

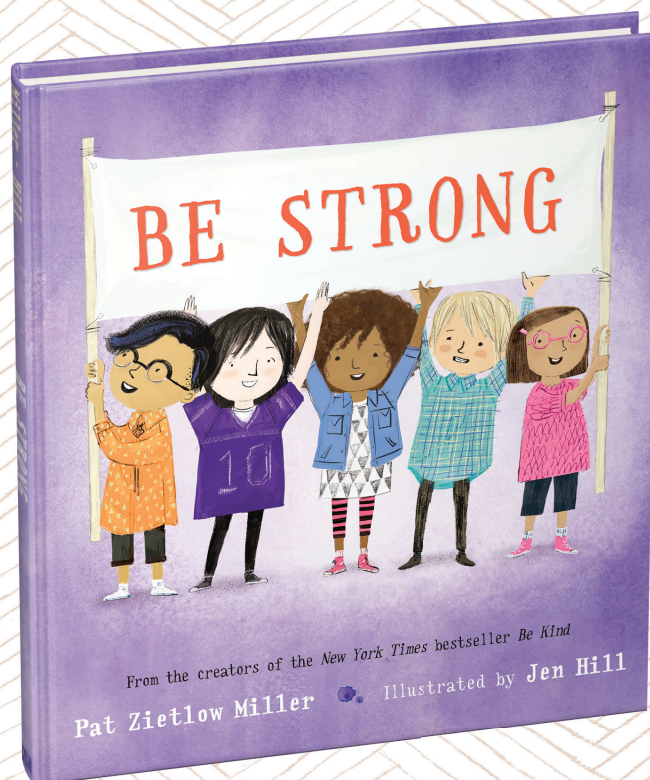


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and **Jen Hill**



★ “A lovely  
exploration of empathy and  
thoughtfulness.”

—*Publishers Weekly*, starred review

An unforgettable story  
about finding strength in  
unlikely places.

