





You're Too Sweet!

This sugary-sweet mix buffs away dry skin for an instantly brighter look!

SKIP THE SHEET! This mask goes directly on your face!

INGREDIENTS

 2 tablespoons brown sugar

 2 teaspoons room-temperature coconut oil

TOOLS

 Mixing bowl

 Spoon

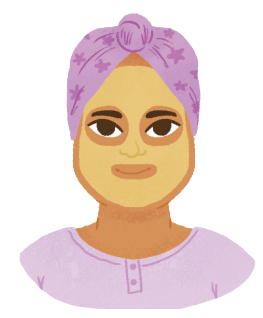
1 Put all ingredients into the mixing bowl.



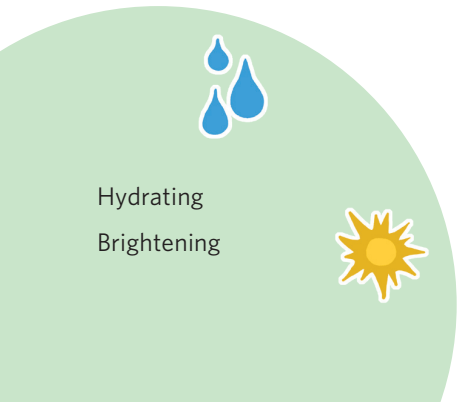
2 Mix into a smooth paste.



3 Apply for 10–20 minutes.



4 Gently massage your face with small, circular motions for 2 minutes, then rinse.



Hydrating
Brightening

Let's Go Avo-Coco-Nuts

Avocado, coconut oil, and honey are a hydration triple threat. Quench thirsty skin with a dose of this restoring and energizing multi-moisturizer.



1

Put all ingredients into the blender.



INGREDIENTS



½ of one ripe avocado (skin and pit removed)



2 tablespoons raw honey



1 teaspoon room-temperature coconut oil

2

Blend until the mixture is smooth.



TOOLS



Blender

3

Apply for 10–20 minutes, then rinse.



Hydrating
Smoothing

