## Coyote Sunrise's

## GUIDE TO CREATING YOUR OWN MEMORY BOX



- Get a box! It can be any old box—metal, tin, cardboard—really
  whatever you can get your hands on. Just make sure it's sturdy and
  a decent size to fit all of the things you treasure most.
- 2. Find items that hold important memories for you. Sometimes the best memories hide in unexpected moments. Whether it's a favorite stuffed animal, a book, a plane ticket, a birthday card, or even a napkin from your favorite diner . . . you'll know it when you see it.
- 3. Put your treasures in the box. There's no rush! You'll be adding beloved items to your box for weeks, months, or years to come.
- 4. Keep your memory box somewhere safe—and somewhere easy to find so you can add more memories to it whenever you want.
- 5. When you need a pick-me-up or a good laugh, open the box. All your treasures will be there waiting for you.

DAN GEMEINHART lives in a small town smack-dab in the middle of Washington State with his wife and three young daughters. He was lucky and grateful to be a teacher-librarian in an elementary school for fourteen years, where he got to share awesome books with awesome kids. He loves camping, cooking, and traveling. He also plays guitar (badly) and reads (constantly). His house is always a mess. He is really pretty darn happy.



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